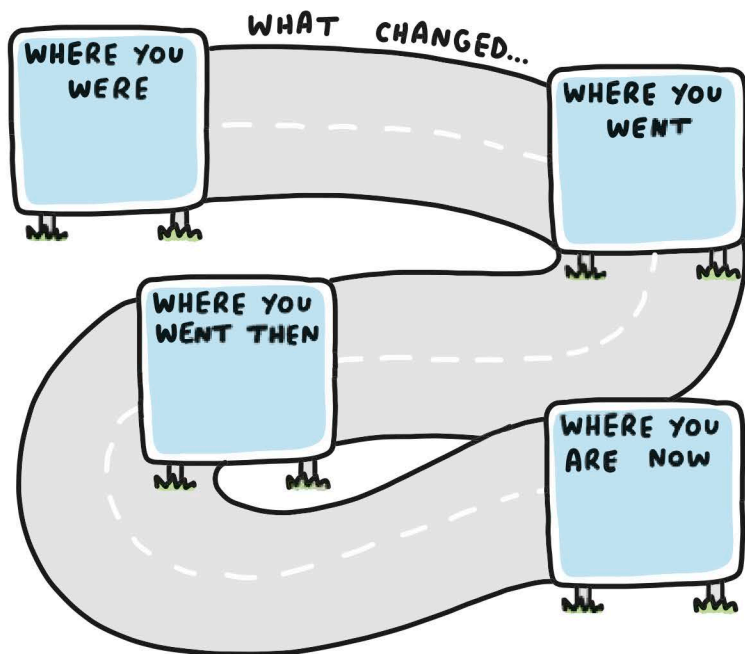


# YOU'VE CHANGED

IT IS WHAT IT IS, BUT IT HASN'T ALWAYS BEEN

Things **right now**, right at this very moment, are exactly what they are. But they haven't always been that way. It's easy to think that nothing has changed, when in reality, you've probably been constantly making changes for most of your life, just maybe not realizing how extremely proactive you have been already.

Let's play a quick round of "look at how far you've come" to see the wonderful things that have already changed. Choose a few different points in your life and look at what changed to get you to the next part. It could be changes to relationships, career, or location.



Fun, right? So accomplished! Such a change maker!